



NORTHERN VIRGINIA DIALYSIS CENTER

NEPHROLOGISTS

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June 10, 1977

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Philip J. Hirschkop, Esq.
108 N. Columbus Ave.
Alexandria, Virginia

RE: Frank Stone

Dear Mr. Hirschkop:

I am writing to give you a current update of the medical situation of your client and my patient, Mr. Frank Stone, who is about to be discharged from Alexandria Hospital on 6/11/77. At the present time Mr. Stone continues to have gastrointestinal problems. He will require surgery to remove his gall bladder. However, at the present time he is an exceedingly poor candidate for surgery because of his obesity. The surgical consultant wishes Mr. Stone to have a significant weight reduction before he attempts the surgery because of the high risks involved in gall bladder surgery in a patient who is overweight. Mr. Stone has been started on a program of severe caloric restriction and will require continuing medical supervision under this weight reduction regimen. It should take a period of approximately four weeks (on a 500 calorie per day diet) to reach the required level of weight reduction which would make him a safe surgical candidate. Mr. Stone will have to be observed very closely medically during this period of caloric restriction, and it would be impossible to do so should he be incarcerated. It is hoped that his gall bladder will not acutely flare up during this period of weight reduction so that surgery will not have to be performed under non-elective and relatively urgent conditions, but can be performed under the more controlled situation of a patient who is not as massively obese as Mr. Stone. Apparently Mr. Stone's weight problem is of a constitutional nature, as his ordinary caloric intake seems to be that of the average man. Nevertheless, judging from his ability to respond to severe caloric restriction, I would predict that at the end of four weeks Mr. Stone will have lost enough weight to enable him to be a safer candidate for gall bladder surgery.

Sincerely yours,

Raphael J. Osheroff, M.D.

RJO/ml